

LGBTQ+ SMART RECOVERY

SMART Recovery can help if you are in need of support with:

- Addictive behaviors
- Substance use
- Coping strategies
- Building a healthier lifestyle

We meet virtually on

MONDAY from 5:30pm to 7:00pm

Register at cpydcoalition.org/smart-recovery
or scan the QR code below.



Scan or take a picture
of the QR code above

Questions?

Email recoveryresources@kennethyoung.org
or call (224) 229-7456

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CPYD 
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DEVELOPMENT

 **Kenneth
Young
Center**